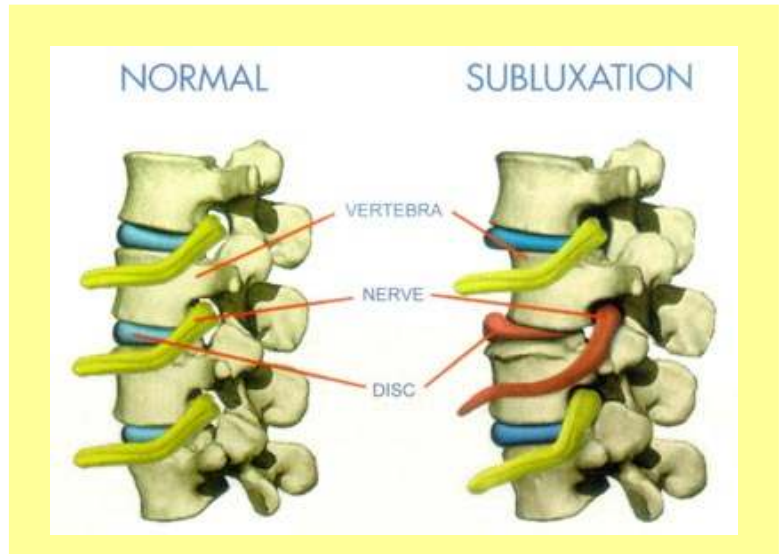


Consent to Initiate Chiropractic Care

When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working towards the same objective. Chiropractic has only one goal, to treat **subluxations**. It is important that each patient understand both the objective and the method that will be used to obtain it. This will prevent any confusion or disappointment.

A **vertebral subluxation** is a misalignment in one or more of the 24 vertebra that make up the spine. **Subluxations** cause nerve interference and disrupt the function and transmission of impulses. These disruptions can cause pain, discomfort and other physical ailments as well as those not felt. Nerve interference can cause organs to not work properly, blood flow to decrease, as well as other serious health problems that may not “hurt” until it’s too late.



To correct these **subluxations**, the doctor will use an **adjustment**. This is a gentle way to relieve the nerve interference and take pressure off the spinal discs and nerves that stem from the spinal column. There are different types of **adjustments**, including hand adjustments and instrument adjustments. Our only practice objective is to eliminate a major interference to the expression of the body’s innate wisdom, the **vertebral subluxations**.

To initiate care at our office, there are **3 required visits** you will be scheduled for. If you cannot attend all three visits, the negative impact on your care will be profound.

1. **Initial Interview and Examination:** This visit will consist of a health history, a chiropractic examination and any necessary x-rays. This visit usually takes 40-60 minutes (and is probably the visit you are here for now).
2. **Report of Findings:** This visit will consist of a detailed report of findings and recommendations for your care with Dr. Chris. He will explain findings in your x-rays and the best care plan to benefit you and help reach your maximum potential health. The staff will also go over financial care plans and any insurance benefits you may have. We recommend that spouses and adult family members attend this visit with the patient. This visit usually lasts 20-40 minutes.
3. **New Patient Orientation:** On Tuesday nights, each week, Dr. Chris presents new patients with a health talk. Included is information about health and wellness, in addition to the importance of Chiropractic Care. The staff will also give you postural stretches at this visit to do at home between adjustments. Your adjustment, stretches and Dr. Chris’ Health Talk usually lasts 45-60 minutes.

I wish to initiate care at Chris Family Chiropractic. I have read and understand the Consent to Initiate Chiropractic Care and agree to all terms. All questions regarding the doctor’s objectives pertaining to my care in this office has been answered to my complete satisfaction.

(Signature)

(Date)

(Dr. Signature)

(Date)